

Somatic Tones

Professional Referral Guide

For professionals, schools, agencies, and community partners | somatictones.ca

Somatic Tones offers distinct Clinical Services and Wellness Services for people, families, and animal caregivers seeking support, connection, reflection, and meaningful next steps. This guide summarizes each program, referral fit, service boundaries, benefits information, and contact details.

Clinical Services are provided by Natalie Daniel, Registered Social Service Worker (RSSW) and Psychotherapist. **Wellness Services** are separate, non-clinical offerings for reflection, spiritual exploration, animal connection, and energy-informed experiences.

Clinical Services

Clinical Services may be appropriate for people and families seeking professional support with attachment, trauma, family relationships, nervous system regulation, grief, parenting stress, and complex systems.

Attuned Walk **CLINICAL FAMILY SUPPORT**

Attachment-informed family support, advocacy, education, report understanding, service navigation, and practical strategies for caregivers.

Best referral fit

- Families experiencing parenting burnout
- Children or youth who struggle with emotional regulation
- Foster, adoptive, blended, or complex family systems
- Caregivers seeking attachment-informed strategies
- Families navigating school concerns, reports, assessments, referrals, or mental health systems
- Parents who need support preparing for meetings with schools, psychologists, physicians, or service providers
- Families seeking practical advocacy and navigation support

Scope: Attuned Walk does not provide formal psychological diagnosis or psychological assessment.

Somatic Place **SOMATIC INFORMED PSYCHOTHERAPY**

A trauma-informed, body-aware, relational approach that supports people in exploring nervous system patterns, body cues, emotional experiences, relationship patterns, and practical ways to build greater steadiness.

Best referral fit

- Chronic stress, anxiety, burnout, nervous system overwhelm
- Trauma responses, relationship trauma, attachment injuries
- Emotional shutdown, feeling disconnected from the body
- People seeking a body-aware and relational psychotherapy approach

Scope: Somatic Place is a somatic informed psychotherapy program and is not offered as somatic therapy. It is not crisis or emergency support.

The Meeting Place **CLINICAL EQUINE ASSISTED PSYCHOTHERAPY**

A ground-based, non-riding equine assisted psychotherapy program hosted at Sprucehaven Farm. Sessions are supported by a clinical professional and an equine safety professional, with attention to client safety, horse welfare, attachment, consent, and nervous system awareness.

Best referral fit

- Attachment injuries, trauma and grief, profound loss
- Family relational trauma, teen and parent relationship challenges
- People who may benefit from a non-office, non-riding, experiential therapeutic environment
- Clients seeking a connection-based approach involving nature, horses, and reflection

Scope: The Meeting Place is not crisis, emergency, medical, or psychiatric care.

Benefits information: Some extended health benefit plans may reimburse eligible services provided by a Registered Social Service Worker. Coverage varies by plan and provider. Clients should confirm whether their plan covers services provided by an RSSW and whether the service they are seeking is eligible for reimbursement before booking.

Wellness Services

Wellness Services are separate from Somatic Tones Clinical Services. They are intended for reflection, spiritual exploration, animal-centred connection, energy-informed experiences, and personal meaning making.

Walking Realms **ANIMAL WELLNESS AND RELATIONAL CONNECTION**

Animal Reiki, herd dynamics reflection, aura images, energetic biomechanics, life transition support, soul connection exploration, and event wellness support. Animal communication consultations are provided by Lisa Burwell, Animal Communicator, and may be coordinated alongside Walking Realms services where appropriate.

Best referral fit

- Horse and pet owners seeking deeper connection with an animal
- People navigating animal transitions, grief, loss, aging, or changes within a herd or home
- Barn owners and horse caregivers interested in herd dynamics
- Horse and rider pairs seeking energy-informed reflection around movement, connection, and event experiences
- People seeking Animal Reiki, aura images, intuitive reflection, or spiritual exploration related to an animal relationship
- Families attending horse shows, clinics, or animal-centred events who want wellness support

Scope: Walking Realms does not replace veterinary care, emergency care, animal behaviour treatment, training, diagnosis, or support from qualified animal professionals.

Somatic Wellness **SPIRITUAL WELLNESS AND ENERGY INTEGRATION**

A separate wellness offering that may include Wesomily energy work, Reiki, sound healing, guided meditation, intuitive reflection, soul fragment exploration, and optional comfort-based use of a PEMF mat.

Best referral fit

- Adults seeking spiritual reflection
- People interested in Reiki, sound healing, guided meditation, energy work, or intuitive exploration
- People seeking a quiet, restorative environment for personal meaning making
- People who are curious about Wesomily, soul journey exploration, astral journeying, or spiritually informed reflection

Scope: Somatic Wellness is not psychotherapy, medical care, psychiatric care, crisis support, diagnosis, or treatment for physical or mental health conditions.

Please note: Wellness Services are not presented as social service work, psychotherapy, medical care, veterinary care, diagnosis, treatment, or services eligible for Social Work or Psychotherapy benefit reimbursement.

How Referrals Work

1. **Identify the right pathway.** Review the program summaries and determine whether a Clinical Service or Wellness Service may fit the client's stated needs and goals.
2. **Discuss the referral with the client.** Please ensure the client understands the type of service being suggested, including whether it is a Clinical Service or a separate Wellness Service.
3. **Obtain consent before sharing information.** Do not send clinical records, reports, personal health information, identifying details, or other confidential information without the client's informed consent and an appropriate consent process.
4. **Connect through the referral form or direct contact.** Professionals may complete the general professional referral inquiry form with consent, or encourage the client to contact Somatic Tones directly.

Professional Credentials

Clinical Services at Somatic Tones are provided by **Natalie Daniel**, a Registered Social Service Worker (RSSW) and Psychotherapist. Verify her registration through the Ontario College of Social Workers and Social Service Workers online register.

- **Psychology Today:** psychologytoday.com/ca/therapists/natalie-n-daniel-tillsonburg-on/720573
- **LinkedIn:** ca.linkedin.com/in/nataliedaniel2020
- **OCSWSSW Register:** ocswssw.org/members-of-the-public/online-register

Contact Somatic Tones

Email: info@somatictones.ca | Phone: 226 557 9949

Website: somatictones.ca | Booking: somatictones.noterro.com

Attuned Walk, Somatic Place, and The Meeting Place are Clinical Services. Walking Realms and Somatic Wellness are Wellness Services.

This guide is for informational purposes only and does not establish a professional or therapeutic relationship. A submitted inquiry does not confirm acceptance of a referral. Clients with urgent safety concerns or emergencies should contact emergency services or a crisis line immediately.